

THRIVE[®]

real ice cream. real benefits.



The Optimal Choice to Address Nutritional Challenges Faced Each Day.

CHALLENGES

- Nutrition Risk
- Poor Appetite
- Unintended Weight Loss
- Malnutrition
- Dysphasia
- Wounds
- Poor Dentition
- Cancer
- AAD/CDAD
- COPD/CHF/Low Energy
- Dementia/Alzheimer's
- IBS/Crohn's/Colitis
- Bowel Management
- Fluid Restrictions

SOLUTIONS

- Thrive Ice Cream
- 270 Calories Regular Flavors: Creamy Vanilla, Simply Chocolate, Fresh Strawberry
- 230 Calories NSA Flavor: Vanilla
- 9 Grams of Protein / Highest Quality Milk Protein Isolate
- 6 Grams of Natural Prebiotic Fiber
- 24 Vitamins and Minerals / 20% of DRI
- 4 Probiotic Strains Including BC30[®]

Thrive's innovative and powerful formula is suitable for:

- Dysphagia Diets
- Kosher Diets
- Gluten Free Diets
- Diabetic Diets

(No Sugar Added Vanilla only)



The International Dysphagia Diet Standardization Initiative (IDDSI) has issued new guidelines. Thrive Ice Cream falls into the Level 2 **Mildly Thick (Nectar)** category per IDDSI guidelines.



Please contact us if not in stock at your food distributor.

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ThriveforHealthcare.com

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SUGGESTED INDICATIONS AND USE FOR THRIVE ICE CREAM

MD/RD orders may vary pursuant to individual patient needs

Nutrition Risk	Moderate Risk: Thrive once per day	Serious Risk: Thrive BID
Poor Appetite	Thrive for dessert and/or snack	High risk for weight loss Thrive BID
Unintended Weight Loss	Two pounds or less in a month, Thrive once per day	More than two pounds in a month, Thrive BID
Malnutrition	Thrive for dessert and/or snack and/or supplement	Thrive BID or TID per MD/RD orders
Dysphagia	Thrive for dessert and/or snack	Thrive once per day or BID per MD/RD orders
Wounds	Thrive for dessert and/or snack	Thrive BID or TID per MD/RD orders
Cancer	Thrive for dessert and/or snack and/or supplement	Thrive once per day or BID per MD/RD orders
AAD/CDAD	Thrive for dessert and/or snack and/or supplement	Thrive BID for prevention or BID/TID per MD/RD orders for assisting in treatment
COPD/CHF/Low Energy	Thrive for dessert and/or snack	Thrive once per day or BID per MD/RD orders
Dementia/Alzheimer's	Thrive for dessert and/or snack	Thrive once per day or BID per MD/RD orders
IBS/Crohn's/Colitis	Thrive for dessert and/or snack	Thrive once per day or BID per MD/RD orders
Bowel Management	Thrive for dessert and/or snack	Thrive BID to reach almost half of dialy fiber needs
Poor Dentition	Thrive for dessert and/or snack	Thrive once per day