



THRIVE

real ice cream. real benefits.



Better Nutrition, Better Outcomes, More Enjoyment

Nutritional Component	Unit	Thrive™	Ensure®	Boost®	Thrive® NSA	Glucerna®
Probiotics	CFU	500,000,000	0	0	500,000,000	0
Calories	kcal	270	220	240	230	180
Total Fat	g	13	6	4	13	9
Saturated Fat	g	8	1	1	8	1
Trans Fat	g	0	0	0	0	0
Cholesterol	mg	45	5	10	45	5
Sodium	mg	90	200	150	110	210
Potassium	mg	476	370	580	478	400
Total Carbohydrate	g	32	32	41	28	16
Dietary Fiber	g	6	<1	1	6	4
Sugars	g	25	15	20	5	4
Protein	g	9	9	10	9	10
Vitamin A	%DV	40%	25%	20%	40%	25%
Vitamin C	%DV	50%	50%	50%	50%	100%
Calcium	%DV	35%	25%	25%	35%	20%
Iron	%DV	30%	25%	25%	20%	20%
Vitamin D	%DV	40%	25%	30%	40%	60%
Vitamin E	%DV	25%	50%	50%	25%	40%
Vitamin K	%DV	15%	20%	25%	15%	25%
Thiamin	%DV	15%	25%	25%	15%	25%
Riboflavin	%DV	25%	25%	40%	30%	25%
Niacin	%DV	20%	35%	20%	20%	30%
Vitamin B6	%DV	20%	25%	35%	20%	25%
Folate	%DV	25%	25%	25%	25%	25%
Vitamin B12	%DV	25%	25%	45%	15%	25%
Biotin	%DV	20%	25%	25%	15%	25%
Pantothenic Acid	%DV	20%	25%	25%	20%	25%
Phosphorus	%DV	35%	25%	20%	35%	25%

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* Based on 2018 FDA Nutritional Facts.

For more information, visit www.Thriveforhealthcare.com or call 855-376-9367