



THRIVE

real ice cream. real benefits.



simply CHOCOLATE

Nutrition Facts		Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
Total Fat 13g		13g	20%	Potassium 480mg	14%
Saturated Fat 8g		8g	40%	Total Carb. 33g	11%
Trans Fat 0g		0g		Dietary Fiber 6g	24%
Cholesterol 55mg	18%			Sugars 27g	
Sodium 100mg	4%			Protein 9g	18%

Serv. Size 6floz (135g)
Servings 1
Calories 270
Calories from Fat 120

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Melts to "Honey" Consistency

Vitamin A	35%	Vitamin C	50%
Calcium	35%	Iron	25%
Vitamin D	40%	Vitamin E	30%
Vitamin K	20%	Thiamin	20%
Riboflavin	20%	Niacin	20%
Vitamin B6	20%	Folate	20%
Vitamin B12	20%	Biotin	20%
Pantothenic Acid	20%	Phosphorus	35%
Iodine	25%	Magnesium	25%
Zinc	25%	Selenium	20%
Copper	20%	Manganese	20%
Chromium	35%	Molybdenum	20%

INGREDIENTS: Milk, Cream, Sugar, Water, Milk Proteins, Oligofructose (Fiber), Dextrose, Cocoa (processed with alkali), Vitamins & Minerals (Dimagnesium Phosphate, Tricalcium Phosphate, Potassium Chloride, Dipotassium Phosphate, Ferric Orthophosphate, d-1 alpha Tocopheryl Acetate, Zinc Oxide, Nicotinamide, D-Calcium Pantothenate, Manganese Sulfate, Vitamin A Palmitate, Thiamin Mononitrate, Pyridoxine Hydrochloride, Cupric Oxide, Riboflavin, Chromium Chloride, Biotin, Potassium Iodide, Sodium Molybdate, Sodium Selenite, Vitamin K-1, Folic Acid, Vitamin D3, Cyanocobalamin), Nonfat Dry Milk, Stabilizer (Locust Bean Gum, Guar Gum), Pure Vanilla Extract, Salt, Probiotic Cultures (Skim Milk Powder, Bacillus coagulans GB-30 6086, Bifidobacterium, L. acidophilus, L. paracasei), Ascorbic Acid (Vitamin C), Egg.

CONTAINS: Milk, Egg.

creamy VANILLA

Nutrition Facts		Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
Total Fat 13g		13g	20%	Potassium 380mg	11%
Saturated Fat 8g		8g	40%	Total Carb. 35g	12%
Trans Fat 0g		0g		Dietary Fiber 6g	24%
Cholesterol 65mg	22%			Sugars 28g	
Sodium 105mg	4%			Protein 9g	18%

Serv. Size 6floz (135g)
Servings 1
Calories 270
Calories from Fat 110

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Melts to "Nectar" Consistency

Vitamin A	35%	Vitamin C	50%
Calcium	40%	Iron	25%
Vitamin D	25%	Vitamin E	25%
Vitamin K	20%	Thiamin	20%
Riboflavin	25%	Niacin	20%
Vitamin B6	20%	Folate	20%
Vitamin B12	20%	Biotin	20%
Pantothenic Acid	20%	Phosphorus	25%
Iodine	25%	Magnesium	25%
Zinc	25%	Selenium	20%
Copper	20%	Manganese	20%
Chromium	25%	Molybdenum	20%

INGREDIENTS: Milk, Cream, Sugar, Water, Milk Proteins, Oligofructose (Fiber), Dextrose, Vitamins & Minerals (Dimagnesium Phosphate, Tricalcium Phosphate, Potassium Chloride, Dipotassium Phosphate, Ferric Orthophosphate, d-1 alpha Tocopheryl Acetate, Zinc Oxide, Nicotinamide, D-Calcium Pantothenate, Manganese Sulfate, Vitamin A Palmitate, Thiamin Mononitrate, Pyridoxine Hydrochloride, Cupric Oxide, Riboflavin, Chromium Chloride, Biotin, Potassium Iodide, Sodium Molybdate, Sodium Selenite, Vitamin K-1, Folic Acid, Vitamin D3, Cyanocobalamin), Nonfat Dry Milk, Rice Syrup, Egg Yolks, Less than 1% of: Maltodextrin, Natural Flavors, Stabilizer (Locust Bean Gum, Guar Gum), Salt, Probiotic Cultures (Skim Milk Powder, Bacillus coagulans GB-30 6086, Bifidobacterium, L. acidophilus, L. paracasei), Ascorbic Acid (Vitamin C), Annatto Extract (Color).

CONTAINS: Milk, Egg.

fresh STRAWBERRY

Nutrition Facts		Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
Total Fat 12g		12g	18%	Potassium 420mg	12%
Saturated Fat 8g		8g	40%	Total Carb. 34g	11%
Trans Fat 0g		0g		Dietary Fiber 6g	24%
Cholesterol 50mg	17%			Sugars 27g	
Sodium 105mg	4%			Protein 9g	18%

Serv. Size 6floz (135g)
Servings 1
Calories 270
Calories from Fat 110

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Melts to "Nectar" Consistency

Vitamin A	35%	Vitamin C	50%
Calcium	40%	Iron	25%
Vitamin D	20%	Vitamin E	20%
Vitamin K	20%	Thiamin	20%
Riboflavin	25%	Niacin	20%
Vitamin B6	20%	Folate	20%
Vitamin B12	20%	Biotin	20%
Pantothenic Acid	20%	Phosphorus	20%
Iodine	20%	Magnesium	20%
Zinc	25%	Selenium	20%
Copper	20%	Manganese	20%
Chromium	20%	Molybdenum	20%

INGREDIENTS: Milk, Cream, Sugar, Water, Milk Proteins, Oligofructose (Fiber), Strawberries & Strawberry Juice, Dextrose, Vitamins & Minerals (Dimagnesium Phosphate, Tricalcium Phosphate, Potassium Chloride, Dipotassium Phosphate, Ferric Orthophosphate, d-1 alpha Tocopheryl Acetate, Zinc Oxide, Nicotinamide, D-Calcium Pantothenate, Manganese Sulfate, Vitamin A Palmitate, Thiamin Mononitrate, Pyridoxine Hydrochloride, Cupric Oxide, Riboflavin, Chromium Chloride, Biotin, Potassium Iodide, Sodium Molybdate, Sodium Selenite, Vitamin K-1, Folic Acid, Vitamin D3, Cyanocobalamin), Nonfat Dry Milk, Less than 1% of: Natural Flavors, Stabilizer (Locust Bean Gum, Guar Gum), Natural Colors (Red Beet Extract, Purple Carrot Concentrate), Salt, Probiotic Cultures (Skim Milk Powder, Bacillus coagulans GB-30 6086, Bifidobacterium, L. acidophilus, L. paracasei), Modified Food Starch, Ascorbic Acid (Vitamin C), Eggs.

CONTAINS: Milk, Egg.

NO SUGAR ADDED

creamy VANILLA

Nutrition Facts		Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
Total Fat 12g		12g	18%	Potassium 380mg	11%
Saturated Fat 7g		7g	35%	Total Carb. 28g	9%
Trans Fat 0g		0g		Dietary Fiber 6g	24%
Cholesterol 70mg	23%			Sugars 5g	
Sodium 110mg	5%			Sugars Alcohol 17g	
				Protein 9g	18%

Serv. Size 6floz (135g)
Servings 1
Calories 230
Calories from Fat 110

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Melts to "Nectar" Consistency

Vitamin A	30%	Vitamin C	50%
Calcium	40%	Iron	25%
Vitamin D	25%	Vitamin E	25%
Vitamin K	20%	Thiamin	20%
Riboflavin	25%	Niacin	20%
Vitamin B6	20%	Folate	20%
Vitamin B12	20%	Biotin	20%
Pantothenic Acid	20%	Phosphorus	25%
Iodine	25%	Magnesium	25%
Zinc	25%	Selenium	20%
Copper	20%	Manganese	20%
Chromium	25%	Molybdenum	20%

INGREDIENTS: Milk, Cream, Maltitol*, Water, Milk Proteins, Oligofructose (Fiber), Polydextrose, Nonfat Dry Milk, Vitamins & Minerals (Dimagnesium Phosphate, Tricalcium Phosphate, Potassium Chloride, Dipotassium Phosphate, Ferric Orthophosphate, d-1 alpha Tocopheryl Acetate, Zinc Oxide, Nicotinamide, D-Calcium Pantothenate, Manganese Sulfate, Vitamin A Palmitate, Thiamin Mononitrate, Pyridoxine Hydrochloride, Cupric Oxide, Riboflavin, Chromium Chloride, Biotin, Potassium Iodide, Sodium Molybdate, Sodium Selenite, Vitamin K-1, Folic Acid, Vitamin D3, Cyanocobalamin), Egg Yolks, Natural Flavor, Less than 1% of: Glycerol*, Stabilizer (Locust Bean Gum, Guar Gum), Salt, Ascorbic Acid (Vitamin C), Probiotic Cultures (Skim Milk Powder, Bacillus coagulans GB-30 6086, Bifidobacterium, L. acidophilus, L. paracasei), Annatto Extract, Soy Lecithin, Sucralose, Acesulfame Potassium.

CONTAINS: Milk, Egg, Soy.