



Better Taste, Better Texture, More Nutrition

Nutritional Component	Unit	Thrive™ Gelato	Magic Cup™	Lyons Treat®	Mighty Shake®
Calories	kcal	260	290	300	330
Total Fat	g	11	11	12	10
Saturated Fat	g	6	6	6	2
Trans Fat	g	0	0	0	0
Cholesterol	Mg	5	15	5	10
Sodium	mg	40	130	120	90
Potassium	mg	297	190	130	190
Total Carbs	g	32	38	39	50
Dietary Fiber	g	0	0	0	0
Sugars	g	32	31	22	28
Protein	g	9	9	9	9
Vitamin A	%DV	20	25	20	20
Vitamin C	%DV	20	5	8	--
Calcium	%DV	15	15	20	20
Iron	%DV	10	10	10	2
Vitamin D	%DV	15	--	6	--
Vitamin E	%DV	20	15	15	--
Vitamin K	%DV	6	0	--	0
Thiamin	%DV	15	15	8	20
Riboflavin	%DV	20	20	25	20
Niacin	%DV	15	15	15	20
Vitamin B6	%DV	10	15	10	20
Folate	%DV	15	15	0	20
Vitamin B12	%DV	25	15	25	20
Biotin	%DV	6	15	--	0
Pantothenic Acid	%DV	20	15	--	20
Phosphorus	%DV	15	15	4	15
Iodine	%DV	10	15	--	10
Magnesium	%DV	10	10	10	10
Zinc	%DV	20	15	10	20
Selenium	%DV	15	--	--	--
Copper	%DV	20	0	35	10
Manganese	%DV	8	--	--	10
Chromium	%DV	8	--	--	--
Molybdenum	%DV	15	--	--	--

Feb. 1, 2021

* Based on 2018 FDA Nutritional Facts.

For more information, visit www.Thriveforhealthcare.com or call 855-376-9367